

**Balnath Bhandary, MBBS, MD.**

**EDUCATION**

- 1996-1999** **Pennsylvania Hospital, University of Pennsylvania, Philadelphia, PA** Post-Graduate Residency Training in Internal Medicine
- 1991-1993** **Kasturba Medical College, India,** Post-Graduate Training in Internal Medicine
- 1984-1990** **Kasturba Medical College, India,** Bachelor of Medicine and Surgery (M.B.B.S.)

**PROFESSIONAL HIGHLIGHTS**

- 1999 - present **PRIMARY CARE INTERNAL MEDICINE, Montgomery village MD**  
Ambulatory Care Medicine and Primary care in offices located in Montgomery Village, Greenbelt and Oxon Hill, MD.
- 1996-1999 **PENNSYLVANIA HOSPITAL (University of Pennsylvania Health System), Philadelphia, PA** Completed rotations in all specialties of Internal Medicine as required for Board Certification. Gained extensive training in Intensive Care Units.  
Served on Pharmacy, Therapeutics, and Infection Control Committee.  
Fulfilled successful rotations in Geriatrics and Adolescent Medicine at hospital of University of Pennsylvania.
- 1994-1995 **UNIVERSITY OF CHICAGO HOSPITAL, Chicago, IL**  
Completed externship in the Department of Neurology.  
Performed data analysis and short review to prepare the hospital for JCAHO visit.
- 1994-1994 **CITY HOSPITAL AND RESEARCH CENTER,**  
Mangalore, India attending physician in Internal Medicine
- 1991-1993 **KASTURBA MEDICAL COLLEGE,** Mangalore, India Internal Medicine Resident  
Completed rotations and received Doctor of Medicine Degree after successfully completing the Board Exams.  
  
Wrote **thesis** entitled "Ambulatory Blood Pressure Monitoring in Age. Sex-Matched Diabetic Hypertensive's and Diabetic Normotensive: A Pilot Study". This was a study focusing on circadian rhythms of blood pressure.
- 1989-1990 **KASTURBA MEDICAL COLLEGE,** Mangalore, India  
Internship in Internal Medicine  
Fulfilled mandatory requirements for graduation.  
Coordinated and supervised First Aide Camp and Anti Smoking Awareness Program for the general public

## **SELECTED ACHIEVEMENTS**

University of Pennsylvania Health System (1998) -Awarded Resident of the Year "by the consensus of the intern class for outstanding interest and ability in teaching the art and science of medicine"

Pennsylvania Hospital (1997) - Named Intern of the Year.

Rotary Club (1991) - Received Humanitarian Services Award for promoting rural health care.

Kasturba Medical College (1993) - Named "Best Speaker for presentation entitled, 'Free Radicals in Health and Disease' during continuing medical education program.

## **LICENSES AND CERTIFICATIONS**

Diplomate, American Board of Internal Medicine (since 1999)

Medical Practicing Licenses in Washington DC and Maryland

BLS and ACLS Certified

DEA and State controlled substances license

## **PROFESSIONAL MEMBERSHIPS**

American College of Physicians - Associate Member (1996-Present)

American Medical Association

Doctors of the World - Member Volunteer (1998-Present)